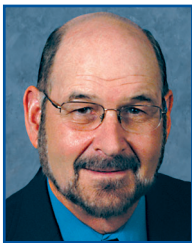


A Message to South Florida's Senior Citizens

Dear NSU Neighbor,

For the past 10 years, I have been the chief executive officer in charge of the clinical operations at Nova Southeastern University. Today, NSU offers 17 different health care centers representing 10 different clinical programs to meet **your total health care needs**. I am pleased to introduce our personalized, state-of-the-art health care services available to you at our Broward and Miami-Dade locations.



The NSU doctors, and their health care teams, have built a solid reputation within the South Florida community. Regardless of age, ethnicity, gender, or religion, many of our neighbors already have realized our commitment to treat each patient **with compassion and respect**. You will get the time and attention you deserve for your overall health and well being. We have teams of doctors who focus their practice in specialty areas, like Dr. Gagnon Blodgett of our Senior Health Care Services Team, and can collaborate with your primary care physician to optimize your health care goals. We believe it is increasingly important to address all health-related issues for seniors in a coordinated and comprehensive manner. You receive care that is specifically **designed around your individual needs and lifestyle**.

Last year, we had more than 300,000 patient visits, and we attended to each patient with personalized attention. If you are a member of our senior community, or know someone who could benefit from these services, please give us a call. We'd like to see you.

Dr. Robert S. Oller
Chief Executive Officer
NSU Clinical Operations

Welcome New Patients

As a geropsychologist and coordinator of the Geriatric Clinical Services Team, I have been focusing my practice on the concerns of senior citizens in our community. South Florida leads the country in the number of older adults. Because our area seniors deserve the best health care possible to age as well as possible, we provide individualized care from top health care specialists. These specialists handle various aging health care issues and have joined together to form the NSU Senior Health Care Services Team.



Because we are part of Florida's largest private university, including major schools in medicine, dental medicine, psychology, pharmacy, physical therapy, and audiology, NSU is at the forefront of the most contemporary older adult health care. The Senior Health Care Services Team is comprised of all the health care disciplines represented in this brochure. The team meets regularly to share ideas, identify seniors' needs, and create innovative new services. The result is a holistic approach to aging health care that addresses all aspects of well-being—physical, mental, and relationship health.

The Senior Health Care Services Team will help you prevent and manage conditions such as diabetes, osteoporosis, and glaucoma, and also will help you cope with the impact of medical conditions on your lifestyle, emotions, and relationships. You will notice right away that our approach is more comprehensive and less hurried than what is traditionally offered elsewhere.

Please take a moment to review the list of services provided by our Senior Health Care Services Team. It would be our pleasure to become your single source for all your health care needs. We look forward to seeing you.

Dr. Michelle Gagnon Blodgett
NSU Coordinator, Geriatric Clinical Services

Trust your health care to
the team that teaches it.
(954) NSU-CARE (678-2273)



Directions to Main Campus

From I-95 or Florida's Turnpike, north or south, take I-595 exit, westbound. Proceed on I-595 to University Drive; turn left and proceed southbound on University Drive to SW 30th Street; turn left onto SW 30th Street. Campus is located on the right.

Directions to North Miami Beach Campus

From I-95 to Miami Gardens Drive (State Road 860) and go east. Continue east to NE 19th Avenue; turn right (south) and continue south 1.5 miles; turn right (west) at NE 167th Street and continue two blocks to campus.

www.nsu.nova.edu/hcc

Nova Southeastern University Senior Care Services Team



Geriatric Medical Care

Sanford L. Ziff Health Center, NSU Main Campus
3200 South University Drive

North Miami Beach Clinic
1750 NE 167th Street

Southwest Focal Point Senior Center
Pembroke Pines
301 NW 103rd Avenue
(954) 262-4100
(954) NSUCARE (678-2273)

Geriatricians (i.e., physicians trained in older adult care) are specialty-trained and board-certified in geriatric medicine.

- diagnosis and treatment of medical conditions such as diabetes, osteoporosis, gait/balance disorders and fall risk, incontinence, memory disorders
- gynecology health in older women
- management of multiple medical conditions
- osteopathic medical care
- medical services for seniors with disabilities and special needs

Dental Care

Sanford L. Ziff Health Center, NSU Main Campus
3200 South University Drive
(954) 262-7300

North Miami Beach Clinic
1750 NE 167th Street
(954) 262-1600

General Dentistry

A full range of dental services, including exams, dental hygiene, and more complex cases

Special Needs: (954) 262-1795

For persons with developmental and/or medical disabilities, and for the elderly

- general dentistry services
- endodontics, periodontics, and prosthodontics
- oral and maxillofacial surgery
- implants and esthetic dentistry
- oral facial pain center
- dental services for patients with medical disabilities

Interdisciplinary Balance and Fall Prevention Clinic

- interdisciplinary team consisting of geriatric medicine, physical therapy, audiology, occupational therapy, and geropsychology
- evaluation of fall risk with verbal and written feedback on findings/recommendations
- group intervention
- educational program

The Eye Institute—Optometry and Low Vision

Sanford L. Ziff Health Center, NSU Main Campus
3200 South University Drive
(954) 262-4200

NSU Health Center at Fort Lauderdale
1111 West Broward Boulevard
(954) 525-1351

North Miami Beach Clinic
1750 NE 167th Street
(305) 949-4000

- primary eye care, including eye examinations
- low-vision rehabilitation
- optical service (glasses) with large selection of frames
- diabetes eye health and macular disease care
- diabetes care
- glaucoma and cornea prevention and care

Rehabilitation Services

Sanford L. Ziff Health Center, NSU Main Campus
3200 South University Drive
(954) 262-4149

- occupational therapy
- physical therapy
- neuromuscular coordination
- treatment of movement disorders—Parkinson’s disease, multiple sclerosis

Pharmacy Services

Sanford L. Ziff Health Center, NSU Main Campus
3200 South University Drive
(954) 262-4550

- prescriptions filled and over-the-counter drugs, vitamins
- compounding tailor-made medicines
- herbal and nutritional counseling
- disease management programs—diabetes, hypertension, anticoagulation, and osteoporosis care needs
- dosage monitoring for patients with multiple prescriptions
- wellness screenings

Hearing and Balance Clinic

3600 South University Drive
Davie-Fort Lauderdale
(954) 262-7750

- hearing evaluations and treatment
- hearing aids and assistive listening devices
- adult auditory disorders
- therapeutic intervention for ear entrance disorders
- evaluation, diagnosis, and treatment of vertigo and dizziness

Family Therapy and Conflict Resolution Services

NSU Psychology Services Center
3301 College Avenue
Fort Lauderdale
(954) 262-3030

- brief therapy services
- family, marriage, and divorce adjustment counseling
- coping techniques for handling death of a spouse/loved one
- individual and family conflict assistance and peacekeeping
- care taker responsibilities, challenges, and stress management
- elder-abuse violence prevention counseling for families

Speech, Language, and Communications Clinic

NSU Speech Therapy Clinic
6100 Griffin Road
Davie-Fort Lauderdale
(954) 262-7726

Evaluation and treatment for speech, language, and communication delays and disorders

- evaluation and treatment plans
- articulation, phonics and accent modification assistance
- developmental and organic communicative/language disorders
- congenital and disease-related concerns with speech disorders
- feeding and swallowing diagnosis and care

Counseling Center for Older Adults

NSU Psychology Services Center
3301 College Avenue
Southwest Focal Point Senior Center
Pembroke Pines
301 NW 103rd Avenue
(954) 262-5843

- counseling to facilitate coping with death/loss
- treatment for depression, anxiety, and stress related concerns
- biofeedback, self-guided mental health techniques
- treatment and assessment for nutrition and eating disorders
- life-skills workshops and seminars
- psychological assessment

Neurological Assessment Center

Assessment, diagnosis, prognosis, and recommendations related to disorders and/or functioning of the central nervous system, such as dementia, memory, judgment, and decision-making abilities